

EGGS BENNY

SMOKED SALMON & PESTO \$ 21.00 Wild smoked salmon & nut free Half \$ 15.00 pesto

BACON & TOMATO \$ 18.00 Bacon & grilled tomato Half \$ 13.00

CLASSIC HAM \$ 16.00 Half \$ 12.00 Classic easy carv ham

\$ 19.00 PULLED PORK Half \$ 13.00 BBQ pulled pork & house slaw

SPINACH & FETA \$ 17.00 Half \$ 13.00 Fresh spinach & house whipped feta

\$ 17.00 **CAPRESE** Nut free pesto, tomato & Half \$ 13.00 mozzarella

All benny's served with cheese & green onion hashbrowns

For GF options we have: GF potato cakes, GF toast \$2 & GF buns \$3

ADD ONS: SWEET STUFF CARAMEL SAUCE \$2 CHEESECAKE TOPPING \$4 All served with whip cream, icing sugar & syrup BERRY TOPPING \$3

WAFFLES

Chicken 'n' waffles \$ 19.00 Breaded chicken breast, bacon, cheese & green onion waffle with house honey mustard & syrup

All you can Eat waffles - best \$ 18.00 of luck!

\$ 10.00 Single waffle

PANCAKES

Plain Single \$6.00 triple \$15.00 Single \$8.00 triple \$18.00 Blueberry Choc chip Single \$8.00 triple \$18.00 Single \$8.00 triple \$18.00 Bacon

FRENCH TOAST

3 slice French toast Single \$5.00 triple \$13.00 Stuffed French toast Half \$10.00 Full \$17.00

Check our specials board for rotating weekly flavour

BREAKY MENU

HEARTY

\$ 19.00 **BIG BREAKY** 2 eggs, 2 toast, 2 protein with Half \$ 15.00 cheese & green onion hashbrowns, grilled tomato & greens

\$ 19.00 MEXICAN SKILLET 2 eggs your way, black beans, Half \$ 15.00 corn, peppers, onions, tomato on a bed of hashbrowns topped with house chipotle

CORNED BEEF HASH \$ 18.00 2 eggs your way, red onion, Half \$ 15.00 peppers, cheddar, green onions on a bed of hashbrowns. Side of house chipotle

BREAKY POUTINE Tater tots topped with cheddar, cheese curds, house hollandaise, pico, 2 eggs your way & side

HAM & CHEESE OMELETTE \$ 15.00 Classic ham & cheddar. Served

with cheese & green onion hashbrowns

secret sauce

GREEK OMELETTE

\$ 16.00

\$ 16.00

\$ 19.00

Red onion, peppers, tomato, pesto, feta & olives. Served with cheese & green onion hashbrowns

CUSTOM OMELETTE

1 meat, 1 cheese, 2 veg. Served with cheese & green onion hashbrowns

Veggies: tomato, peppers, red / green onion, spinach, mushrooms Meat: bacon, ham, smoked salmon, corned beef, pulled pork, sausage Cheese: cheddar, feta, Swiss, mozzarella

LIGHT

AVO ON TOAST	\$ 16.00
House guacamole, whipped feta, 2 eggs your way on sourdough with pico & side greens	Half \$13.00
MUSHROOM TOAST	\$ 17.00
herbed medley of mushrooms, beet hummus, parmesan, truffle oil, 2 eggs your way, arugula & balsamic reduction with side greens	Half \$14.00
EGGS ON TOAST 2 eggs your way on your choice of toast with side greens	\$ 11.00
MED BREAKY BOWL House falafel, beet hummus, scrambled eggs, tzatziki, greens with feta, house pickles, olives, red onion & crispy pita	\$ 18.00
BREAKY SANDO	\$ 11.00
Your choice of protein, fried egg, whipped feta, spinach & tomato on a kaiser bun	Ų 11.00
DAWNS BREAKY SANDO 2 fried eggs, cheddar, mayo, spinach & tomato on multi toast	\$ 10.00
SHAKSHUKA 2 eggs, rich tomato sauce, herbs, feta with side sourdough	\$ 15.00
FRESH FRUIT CUP Sm \$9.	00 Lg \$13.00

ADD ONS/ EXTRAS **TOAST** \$ 2.00 HOLLANDAISE \$ 3.00 PULLED PORK \$ 5.00

\$ 5.00 AVO SLICES \$ 4.00 HASHBROWNS **VEGAN SAUSAGE** TOFU SCRAMBLE \$ 3.00 \$ 4.00 \$ 7.00 SMOKED SALMON TURKEY BACON \$ 4.00 \$ 4.00

\$ 4.00 HAM SAUSAGE

\$ 4.00 \$ 3.00 EGG BACON

Single \$2.00 two \$4.00 **GF POTATO CAKE**

SALADS

TACO Chicken, pulled pork or falafel with corn, black beans, cheddar, mixed greens, cabbage, pico, chipotle, guacamole & dorito crutons	\$	18.00
BUDDHA BOWL Brown rice, spinach, shredded carrots & beets, Buddha dressing topped with almonds	\$	17.00
COBB SALAD Poached egg, romaine, peppers, corn, black beans, cheddar, bacon, red onion, avo slice with Greek dressing & chipotle	\$	17.00
GARLIC CEASER House Caesar dressing, crutons, shaved Parmesan, bacon on romaine	\$	16.00
PLEASE NOTTEV US OF ANY/ ALL AL	LE	RETES

PLEASE NOTIFY US OF ANY/ ALL ALLERGIES WHEN ORDERING

KIDDOS MENU

MIDDOG HILMG	
WAFFLE Kids sized waffle. Served with icing sugar, whipped cream & syrup	\$ 6.00
PANCAKE Bear shaped pancake. Served with icing sugar, whipped cream, orange slices & syrup	\$ 7.00
KIDS BREAKY PLATE 1 egg, 1 protein, 1 toast	\$ 9.00
MAC & CHEESE Housemade cheese sauce & macaroni. Served with focaccia	\$ 10.00
TENDERS & FRIES Breaded chicken breast with fries & side of honey mustard	\$ 10.00
CHEESEBURGER & FRIES Beef patty, ketchup, pickles served with fries	\$ 12.00

LUNCHY MENU

BURGERS/ SANDOS

All served with either soup, salad or fries

BEEF	\$ 19.00
House beef patty with garlic	
mayo, lettuce, tomato, red onion	
& onion rings on a kaiser bun	

BBQ CHICKEN	\$ 19.00
House breaded chicken breast	
with bbq sauce, chipotle,	
guacamole & salt + vinegar chips	
on a kaiser bun	

CRISPY GREEK	\$ 19.00
House breaded chicken breast	
with tzatziki, peppers, red	

with tzatziki, peppers, red onion, olives, tomato, feta & arugula on a kaiser bun

CHICKEN PARM \$ 19.00
House breaded chicken breast

with rich tomato sauce, mozzarella, pesto, garlic mayo & arugula on a kaiser bun

VEGGIE \$ 19.00

Housemade veggie patty with beet hummus, mushrooms, Swiss, red onion, balsamic reduction, garlic mayo, spinach & tomato on a kaiser bun

FALAFEL \$ 18.00

House falafel with beet hummus, arugula, tomato, red onion, pickles, feta on a kaiser bun

BLT ALMIGHTY \$ 19.00

2 grilled cheeses hugging bacon, lettuce, tomato with garlic mayo & banana peppers

BBQ PULLED PORK &COLESLAW \$ 18.00

OVENS & OTHERS

MAC & CHEESE

Mac, house cheddar cheese sauce, extra cheddar, green onions with

SOUP: \$ 11.00
Check our specials board for Cup \$8.00

\$17.00

Half \$13.00

Check our specials board for this weeks rotating flavour. Bowl of soup comes with focaccia

DIRTY FRIES \$ 17.00

House fries served with porchetta, crispy sage, thyme, rosemary, Parmesan, garlic mayo & side chipotle

POUTINE \$ 15.00
House fries topped with beef gravy, cheddar cheese, cheese

curds & green onion

garlic focaccia

HOUSE FRIES \$9.00

Fries tossed in our secret house seasoning

YAM FRIES \$10.00

served with house chipotle

DIRTY YAM FRIES \$14.00

Yam fries topped with balsamic reduction, feta & green onion. Side house chipotle

UPGRADES/ EXTRAS

UPGRADE TO YAM FRIES	\$ 4.00
UPGRADE TO DIRTY FRIES	\$ 6.00
UPGRADE TO POUTINE	\$ 5.00
UPGRADE TO DIRTY YAM FRIES	\$ 5.00
UPGRADE TO ONION RINGS	\$ 5.00
UPGRADE TO MAC & CHEESE	\$ 5.00
VEGAN BREADED CHICKEN	\$ 5.00
CHEDDAR/ BLUE CHEESE	\$ 2.00

BREADED CHICKEN BREAST \$ 6.00 TOFU SLICES \$ 2.00 BACON \$ 4.00 FALAFEL \$ 4.00 BEEF PATTY \$ 6.00 GRILLED CHICKEN \$ 4.00